

# Lowndes County

## Lowndes County Breakfast K-12

### HHFKA - K-12

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1  WG French Toast Sticks F. FRUIT, FRESH ASSORTED JUICE, VARIETY Ind. Syrup Cereal Flavored Milk White Milk
Sep - 4  Biscuit WG F. Fruit, Assorted Canned F. FRUIT JUICE,ASSORTED Cereal Flavored Milk White Milk	Sep - 5  B. TOAST,WHOLE-WHEAT B Shredded Cheese B. GRITS, PLAIN- not an item F. FRUIT, FRESH ASSORTED F. FRUIT JUICE,ASSORTED WG Cereal Flavored Milk White Milk	Sep - 6  WG Breakfast Pizza F. FRUIT, FRESH ASSORTED F. FRUIT JUICE,ASSORTED WG Cereal Flavored Milk White Milk	Sep - 7  Pancakes F. FRUIT, FRESH ASSORTED JUICE, VARIETY Ind. Syrup Cereal White Milk Flavored Milk	Sep - 8  Southern Style Biscuit Chicken for Biscuit F. Fruit, Assorted Canned F. FRUIT JUICE,ASSORTED WG Cereal White Milk Flavored Milk
Sep - 11  Waffle Sticks F. FRUIT, FRESH ASSORTED JUICE, VARIETY Ind. Syrup WG Cereal Flavored Milk White Milk	Sep - 12  B. TOAST,WHOLE-WHEAT B Shredded Cheese Eggs F. FRUIT, FRESH ASSORTED F. FRUIT JUICE,ASSORTED WG Cereal White Milk Flavored Milk	Sep - 13  Breakfast Wrap F. FRUIT, FRESH ASSORTED F. FRUIT JUICE,ASSORTED WG Cereal Flavored Milk White Milk	Sep - 14  WG French Toast Sticks F. FRUIT, FRESH ASSORTED JUICE, VARIETY Ind. Syrup Cereal Flavored Milk White Milk	Sep - 15  Biscuit WG F. Fruit, Assorted Canned F. FRUIT JUICE,ASSORTED Cereal Flavored Milk White Milk
Sep - 18  Cinnamon Roll F. FRUIT JUICE,ASSORTED F. Fruit, Assorted Canned Cereal Flavored Milk White Milk Cheese Toast	Sep - 19  WG Breakfast Pizza F. FRUIT, FRESH ASSORTED F. FRUIT JUICE,ASSORTED WG Cereal Flavored Milk White Milk	Sep - 20  Croissant Sausage Pattie F. FRUIT JUICE,ASSORTED F. Fruit, Assorted Canned WG Cereal Flavored Milk White Milk	Sep - 21  Waffle Sticks F. FRUIT, FRESH ASSORTED JUICE, VARIETY Ind. Syrup WG Cereal Flavored Milk White Milk	Sep - 22  B. TOAST,WHOLE-WHEAT B Shredded Cheese Eggs F. FRUIT, FRESH ASSORTED F. FRUIT JUICE,ASSORTED WG Cereal White Milk Flavored Milk

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Sep - 25  Strawberry Yogurt Muffin(s) Granola F. FRUIT JUICE, ASSORTED F. Fruit, Assorted Canned WG Cereal White Milk Flavored Milk	Sep - 26  Breakfast Wrap F. FRUIT, FRESH ASSORTED F. FRUIT JUICE, ASSORTED WG Cereal Flavored Milk White Milk	Sep - 27  Pancakes F. FRUIT, FRESH ASSORTED JUICE, VARIETY Ind. Syrup Cereal White Milk Flavored Milk	Sep - 28  WG French Toast Sticks F. FRUIT, FRESH ASSORTED JUICE, VARIETY Ind. Syrup Cereal Flavored Milk White Milk	Sep - 29  Biscuit WG F. Fruit, Assorted Canned F. FRUIT JUICE, ASSORTED Cereal Flavored Milk White Milk

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